

## Comparison Chart:

### POWERbreathe Classic vs. POWERbreathe Plus

Feature	POWERbreathe Classic (1st generation)	POWERbreathe Plus (2 <sup>nd</sup> generation)
Clinically proven, pressure-threshold training technique	✓	✓
Fully washable design	✓	✓
Calibrated inspiratory load	✓	✓
Adjustable training resistance	Up to 9 adjustable training levels	Up to 10 adjustable training levels
Resistance level indicator	✓	✓
Available in light, medium or heavy resistance models	✓	✓
Antibacterial mouthpiece materials	-	✓
Ergonomic mouthpiece design, suitable for adult and paediatric use	-	✓
Up to 65% percent improvement in airflow performance	-	✓
Ergonomic grip design	-	✓
Fully integrated load mechanism	-	✓
PVC storage pouch	✓	-
Fabric storage pouch	-	✓
Ergonomic, soft-touch nose clip (also suitable for swimming)	-	✓
Ironman & Iron Girl branded editions	-	✓